



Business Coaching

Key Benefits at a Glance

- Identify personal and/or organisational issues and tackle them head-on.
- Build better leadership skills.
- Boost personal business performance and identify career progression pathways.
- Identify and encourage behaviours that focus on personal development.
- Empower individuals to make long-term change.
- Supports the entrepreneur on the complex road to business success.

In an increasingly fast-paced and pressurised world, the ability to stand back and objectively reflect on the issues facing people and organisations is essential.

Many managers struggle to find the time or the environment to do this. Trying to do it with colleagues is not always possible and yet the ability to stand back and reflect is essential for our success and some might say for our sanity.

Coaching offers the opportunity to do this in a secure and confidential environment. The role of the coach is to support the process and to act as an independent sounding board.

Coaching is about helping people to objectively reflect and contemplate issues that they face. It is about working with people to help them improve their performance and make real and meaningful changes in their environment and in themselves.

What fresh perspective does an outsider bring ?

As experienced business people, we recognise that many issues are complex and tend to repeat over time causing difficulties stress and often conflict for individuals and organisations.

We spend time working with people to understand the context of issues and the impact of them. We help create a safe space for people to fully understand these complex issues and to arrive at solutions that can work for them.

Our coaches are also mature and seasoned business people who bring a wealth of experience with them to our clients. We address issues that particularly effect **both** the individual and the organisation.

OUR SERVICES

Clarion Consulting offers a full suite of business and executive coaching services.

- **Leadership Coaching** – helping senior management and those in leadership positions to be more effective in their work and to grow and develop their leadership skills.
- **Performance Coaching** - working with people to help them make real and sustainable improvements in performance.
- **Business Coaching** - helping people to establish and grow their business and supporting the entrepreneur on their journey.
- **Team Coaching** – working with teams to improve their ability to work together and to improve overall performance.
- **Career Coaching**-This is particularly relevant in the current environment as executives challenge their own self worth and evaluate their future career options.



Business Coaching

OUR SERVICES (Cont'd)

- **Behavioural Coaching** behavioural coaching is an approach that focuses on the personal development of the client. When a client is able to develop themselves they are able to positively impact and improve their personal life, realise and over-achieve their work goals and also have effective working relationships. The aim here is to enable long term change.

“Develop success from failures. Discouragement and failure are two of the surest stepping stones to success.”

Dale Carnegie

OUR APPROACH

We believe that in order to address the range of issues that arise in coaching, the provider of coaching needs to understand the psychology of human behaviour, the way that organisations work and the challenges facing people in their working lives.

The range of issues to be dealt with while coaching are complex and can include the following:-

- How to improve individual or team performance.
- How to cope with economic uncertainty.
- How to deal with individual underperformance or behavioural issues.
- How to grow leadership and influencing skills.
- How to be more strategic. Achieving better work life balance.
- How and when to step outside corporate life and make significant decisions around your future.

Our coaches are also experienced business people who bring a wealth of knowledge, expertise and business skills with them. They provide an objective and independent assessment of your needs and work in close partnership with you to develop a pathway towards successful outcomes.

ABOUT CLARION CONSULTING

Clarion Consulting helps blue chip organisations to improve organisational agility and build competitive advantage. Its portfolio of consulting services focuses on creating organisational agility through best practice approaches to Program and Project management, IT consulting and business transformation.

FOR MORE INFORMATION

Ireland

Pat Millar

Managing Director

Tel: + 353 (01) 802 5182

Email: pmillar@clarionconsulting.co.uk

UK

Robert Hughes

Managing Director

Tel: +44 (0) 7710 147 237

Email:

robert.hughes@clarionconsulting.co.uk